**Weekly Outline for Mentors**

* **Week #1 (September 22rd-28th)** - Introduce yourself to your mentee and get to know them more. Talk about interest and start to think about research or internship opportunities to share with your mentee.
* **Week #2 (September 29th-October 5th)** - Continue to get to know your mentee. Be on the lookout for PMP events and general Psi Chi events you and your mentee can attend together.
* **Week #3 (October 6th-12th)** - Wish your mentee good luck on all their midterms. Encourage them and make sure they are doing well. Ask them to meet up with you if you haven't seen them in a while.
* **Week #4 (October 13th-19th)** - This week includes Fall Break. Once Fall Break is over ask your mentee about Fall Break but really check in with them about how they are feeling about ASU, their degree program, family, friends, etc. This is the time students really start to feel it and after fall break, many of them have just gone home and may start to question and feel down. Just be there for them.
* **Week #5 (October 20th-26th)** - If you have not yet, really get into what your mentee wants to do with their degree and really learn what they wish to accomplish.
* **Week #6 (October 27th-November 2nd)** - Work with your mentee this week to build their action plan for the semester and next semester as well. Be sure to share your experiences and how you have gotten to where you are.
* **Week #7 (November 3rd-9th)** - Check in on your mentee’s plan of action.
* **Week #8 (November 10th-16th)** - Meet up with your mentee this week if you have not seen them for a while.
* **Week #9 (November 17th-23rd)** - Start with your mentee to final exam and end of the semester prep. Help them begin to reflect on their journey thus far and how they are feeling.
* **Week #10 (November 24th-30th)** - Thanksgiving Break! Wish your mentee a good break. Don’t worry about meeting with them.
* **Week #11 (December 1st-7th)** - Check in with them after break. Help your mentees out with final exam prep and study tips. Encourage them to go to final exam breakfast and other university hosted events.
* **Week #12 (December 8th-14th)** - Final Exams week. Don’t worry about meeting with your mentee. Just send a quick email or text checking in on your mentee. Wish them a good break and see them next semester!