# **Emily B. Winslow, Ph.D.**

# Associate Research Professor Arizona State University

## **CONTACT INFORMATION**

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### **EDUCATION**

B.S. 1990, Psychology, Indiana University, Bloomington, IN

Honors Thesis: The Role of Reference Points in Children's Comparative Judgments

Chair: Linda B. Smith, Ph.D.

M.S. 1995, Clinical & Developmental Psychology, University of Pittsburgh, Pittsburgh, PA

**Master's Thesis**: Relations Among Contextual Factors and Early

Parenting Styles

Chair: Daniel S. Shaw, Ph.D.

Internship 1999, Clinical Psychology, Duke University Medical Center, Durham, NC

Ph.D. 2001. Clinical & Developmental Psychology. University of Pittsburgh. PA

**Dissertation**: Development of Boys' Early Conduct Problems in a

Low-Income, Urban Sample: Implications of Neighborhood

Context and Maternal Parenting Chair: Daniel S. Shaw, Ph.D.

Postdoc 2005, Prevention Research Center, Arizona State University, Tempe, AZ

### PROFESSIONAL DEVELOPMENT

2017 TEST Your Business Model: An Introduction to the Lean Startup and Customer

Discovery, 4-Session Workshop, ASU Entrepreneurship & Innovation.

2017-present ASU Venture Devils program.

2018 Selected to participate in *Innovation to Impact at Yale*, a prestigious, NIDA-

funded program that brings together world-renowned experts in substance use research, entrepreneurship, and health care to support rapid translation of research ideas from the lab to everyday use. Acceptance to the training program included: 1) an all-expenses paid, 5-day short course in product development and entrepreneurship at Yale; 2) on-going mentoring after the short course; and

3) connections with other innovators in the community.

## **HONORS AND AWARDS**

Dean's List, Indiana University, Bloomington, IN, 1986-1990

Senior Excellence in Research Award, Department of Psychology, Indiana University, 1990

Bachelor of Science with Honors and Distinction, 1990

Phi Beta Kappa Society, Indiana Chapter, Inducted 1990

Mentored Research Scientist Development Award (K01), National Institute of Mental Health, 2006-2011

Abstract of Distinction Award, Society for Prevention Research (SPR) annual meeting, 2017

## **PROFESSIONAL POSITIONS**

July, 1990-June, 1991 *Project Coordinator* 

Psychosocial Effects of Childhood Chronic Illness Project Department of Psychology, Indiana University, Bloomington

Alexandra L. Quittner, Ph.D., P.I.

July, 1991-May, 2001 Graduate Student Researcher & Consultant

Pitt Mother & Child Project

Department of Psychology, University of Pittsburgh

Daniel S. Shaw, Ph.D., P.I.

July-August, 1991 Research Assistant

Pittsburgh Youth Study, Life Histories Project

University of Pittsburgh Medical School

Rolf Loeber, Ph.D., P.I.

August-December, 1991 **Teaching Assistant** 

Abnormal Psychology

Department of Psychology, University of Pittsburgh Daniel S. Shaw, Ph.D., Professor and Supervisor

January-August, 1992 Data Analyst

Postpartum Adaptation Study

Department of Psychology, University of Pittsburgh Jeffrey Cohn, Ph.D., P.I. & Susan Campbell, Ph.D., P.I.

July 1, 1998-June 30, 1999 *Clinical Intern* 

Clinical Psychology Internship Program

Department of Psychiatry & Behavioral Sciences

**Duke University Medical Center** 

Karen C. Wells, Ph.D., Training Director John Curry, Ph.D., David Fitzgerald, Ph.D. Lisa Reiter-Lavery, Ph.D., Karen Wells, Ph.D.,

and Janet Whidby, Ph.D., Supervisors

June, 2002-June 2005 Postdoctoral Fellow

Research Training-Child Mental Health/Primary Prevention NRSA Institutional Training Grant, NIMH, 5T32MH018387-15

Prevention Research Center

Department of Psychology, Arizona State University

Laurie Chassin, Ph.D., & Irwin Sandler, Ph.D.,

**Training Directors** 

August, 2005-April, 2006 Project Director, Faculty Research Associate

Prevention Research Center for Families in Stress Department of Psychology, Arizona State University

Irwin Sandler, Ph.D., P.I.

September, 2004-present Affiliate Scientist

Pitt Parents & Children Laboratory

Department of Psychology, University of Pittsburgh

Daniel S. Shaw, Ph.D., P.I.

April, 2006-June, 2018 Assistant Research Professor

**REACH Institute** 

Department of Psychology, Arizona State University

July, 2018-present Associate Research Professor

**REACH Institute** 

Department of Psychology, Arizona State University

#### PROFESSIONAL AFFILIATIONS

Member, Society for Prevention Research

Member, Society for Research in Child Development

Member, Society for Community Research and Action, American Psychological Association Division 27

## **FUNDED GRANTS**

R03 MH058975 (Winslow PI) NIMH 7/01/1998-6/30/2000

\$25,030

Neighborhood, Parenting, and Early Male Conduct Problems

This is a Dissertation Research Grant that funds secondary analyses of the Pitt Mother & Child Project dataset (Daniel Shaw, PI) to examine neighborhood and parenting effects on the development of behavior problems among young boys in a low-income, urban sample.

**Role: Principal Investigator** 

P30 MH068685 (Sandler PI) NIMH 7/01/2005-6/30/2012 \$7,041,383

#### **ASU Prevention Research Center for Families in Stress**

This was to fund the next phase of the NIMH-funded Research Center "Prevention of Child and Family Stress." The major goal of this project was to conduct research on the development and evaluation of preventive interventions for families in stressful situations. My role was to help develop and evaluate invitational videos based on health behavior and social influence models of compliance to engage parents into a preventive parenting intervention for divorced families (the New Beginnings Program), as well as help revise this program to be culturally broad and feasible and robust for implementation under natural service delivery settings.

**Role: Co-Investigator** 

K01 MH074045 (Winslow PI) NIMH 4/15/2006-8/30/2011

\$800,124

### **Participation in Preventive Parenting Interventions**

This is a Mentored Research Scientist Development Award that provides training and research experiences to develop an independent program of research focused on developing and testing theory-based strategies to increase participation in preventive parenting programs among low-SES, urban parents of young children.

Role: Principal Investigator

R01 MH071707 (Wolchik PI) NIMH 9/4/2006-6/30/2012 \$2,550,581

#### Effects of NBP for Children of Divorce 15 Years Later

This was a 15-year longitudinal follow-up of the effects of the New Beginnings Program, a preventive parenting intervention for divorced families. Previous evaluations showed positive effects of the intervention on a wide array of child and adolescent outcomes (e.g., mental health, substance use, academic achievement) compared to a randomized control group. This grant examined program effects in young adulthood. My role has been to examine the impact of the NBP on the intergenerational transmission of parenting.

**Role: Co-Investigator** 

T32 MH 18387 (Chassin PI) NIMH

7/1/2010-6/30/2015

\$1,292,924

#### Research training in Child Mental Health / Primary Prevention

The goal of this project is to train pre-doctoral and post-doctoral fellows in becoming independent researchers and prevention research scientists. My role on this project is to mentor pre- and post-doctoral fellows who are interested in collaborating with me on research projects.

**Role: Training Faculty** 

R01 DA026874 (Sandler PI) NIDA 2/1/2011-1/31/2017

\$6.044.446

Multi-Court Trial of NBP to Prevent Substance Abuse and Mental Health Disorder

This project evaluated an implementation system through the family courts for the New Beginnings Program (NBP), an efficacious preventive intervention for children from divorcing families. My role on this project involved adapting engagement strategies for the NBP and directing an experimental trial to evaluate whether a motivationally-enhanced engagement call increases participation compared to a standard phone protocol.

**Role: Co-Investigator** 

ASU President's Award (Gonzales PI)
Arizona State University

7/1/2011-6/30/2016 \$750,000

Strategic Investment Funds - ASU School-Based Prevention Research

This internal university award supported research and implementation of the Bridges to High School family program, a prevention program that has been shown to improve mental health and academic outcomes and decrease substance use among low-income, Mexican American adolescents. My role was to assist Dr. Gonzales in advancing this research agenda through piloting engagement methods for Bridges and grant writing.

**Role: Co-Investigator** 

R01 DA033352 (Winslow PI) NIDA 1/1/2013-12/31/2019

\$3,297,105

**Effectiveness Trial of Methods for Engaging Parents into Parenting Interventions** 

This is a randomized effectiveness trial of a theory-based engagement package that has been found in an efficacy trial to nearly double the rate of initiation into an evidence-based parenting intervention compared to a control engagement condition. This trial tests the effects of each of the engagement package components when implemented under natural service delivery conditions through a partnership with a large, public school district.

**Role: Principal Investigator** 

R01 DA035855 (Gonzales PI)

7/01/2014-5/31/2019

\$4,874,904

**Optimizing a Drug Abuse Prevention Program for Dissemination** 

The project created and tested a shortened 4-session version of the Bridges program, a parent-youth prevention program for middle school-age students shown to produce long-term effects on multiple outcomes in a randomized controlled trial, including higher grades and lower substance use, diagnosed mental disorder, externalizing and internalizing symptoms, school dropout, deviant peer association, and risky sexual behavior.

Role: Co-Investigator

T32 DA039772 (Chassin PI)

6/1/2015-5/30/2020

\$1,948,920

Research training in drug abuse/HIV prevention: Closing the research-practice gap
The goal of this project is to train pre-doctoral and post-doctoral fellows in becoming independent

researchers and prevention research scientists. My role on this project is to mentor pre- and post-doctoral fellows who are interested in collaborating with me on research projects.

**Role: Training Faculty** 

R43 HD082967-01 (Sandler PI) NICHD

9/24/2015 - 9/23/2016

\$212,920

Online Parenting Program to Prevent Youth Drug Abuse and Mental Health Problems
This project developed and evaluated a prototype of an online version of the New Beginnings
Program, an efficacious preventive intervention for children from divorcing families. My role was

to develop engagement and retention strategies for this online parenting program.

**Role: Co-Investigator** 

1U18DP006255-01 (Berkel & Smith Pls)

6/1/2016-9/30/2019 \$3,790,570

An Individually Tailored, Family-Centered Intervention for Childhood Obesity: Connecting Services in Pediatric Primary Healthcare, the Home and the Community

This study evaluates an Adapted Version of the Family Check Up for Obesity Prevention in Primary Care. My role on this project is to help guide the development of study recruitment procedures and materials.

**Role: Co-Investigator** 

### 1R01HD094334 (Wolchik PI) NICHD

9/1/2017-8/31/2022 \$3,003,720

Effects of a Parenting-After-Divorce Program 26 Years Later on Physical Health, Mental Health, and Competence Outcomes in Adult Offspring and Their Children

This study is a long-term follow-up of the effects of the New Beginnings Program (NBP), a preventive parenting intervention for divorced families. Previous evaluations showed positive effects of the intervention on a wide array of child, adolescent and young adult outcomes (e.g., mental health, substance use, academic achievement) compared to a randomized control group. This project examines program effects in emerging adulthood. My role on the study is to oversee the assessment of parenting and child outcomes of the third generation offspring (G3) of families who participated in the NBP 26 years earlier and help disseminate findings related these outcomes.

**Role: Co-Investigator** 

12439952 (Berkel & Smith Pls) USDA

7/1/2018-6/30/2023 \$2,459,139

The Family Check-Up 4 Health: A Family-Centered Health Maintenance Approach to Improve Nutrition and Prevent Obesity in Early Childhood

Test of the Family Check-Up 4 Health on prevention of pediatric obesity in primary care. My role on this project is to help guide the development of study recruitment procedures and materials. **Role: Co-Investigator** 

R44 HD082967-02A1 (Sandler PI) NICHD

9/1/2018 - 8/31/2020

\$1,001,132

Development and Evaluation of an Internet-Based Adaptation of the New Beginnings Program for Divorced Parents

This project builds on a successful Phase I SBIR grant to develop and test a web-based version of a parenting-after-divorce group intervention, the New Beginnings Program, which has been shown in two randomized trials to reduce youths' problem behaviors and enhance their developmental competencies in the 15-year period after their parents participated. The web-based format will increase the reach and consequently the public health impact of this evidence-based intervention. My role on this project is to develop online and mobile strategies for engaging and retaining intervention participants.

**Role: Co-Investigator** 

# <u>PUBLICATIONS IN REFEREED JOURNALS</u> (denotes mentored \*undergraduate student, \*\*graduate student, \*\*\*postdoctoral fellow)

# According to Google Scholar 6/28/2019, Winslow's h-index is 19, and her i-10 index (number of papers that have received at least 10 citations) is 26.

- 1. Shaw, D. S., Owens, E. B., Vondra, J. I., Keenan, K., & Winslow, E. B. (1996). Early risk factors and pathways in the development of early disruptive behavior problems. *Development and Psychopathology*, *8*, 679-699.
- 2. Ryalls, B. O., Winslow, E. B., & Smith, L. B. (1998). A semantic congruity effect in children's acquisition of high and low. *Journal of Memory and Language*, *39*(4), 543-557.
- 3. Shaw, D. S., Winslow, E. B., Owens, E. B., & Hood, N. (1998). Young children's adjustment to chronic family adversity: A longitudinal study of low-income families. *Journal of the American Academy of Child and Adolescent Psychiatry*, *37*(5), 545-553.
- 4. Shaw, D. S., Winslow, E. B., Owens, E. B., Vondra, J. I., Cohn, J. F., & Bell, R. Q. (1998). The development of early externalizing problems among children from low-income families: A transformational perspective. *Journal of Abnormal Child Psychology*, 26(2), 95-107.
- 5. Shaw, D.S., & Winslow, E.B., & Flanagan, C. (1999). A prospective study of the effects of marital status and family relations on young children's adjustment among African American and European American families. *Child Development*, 70, 742-755.
- 6. Ingoldsby, E., Shaw, D.S., Owens, E.B., & Winslow, E.B. (1999). A longitudinal study of interparental conflict, emotional and behavioral reactivity, and preschoolers' adjustment problems among low-income families. *Journal of Abnormal Child Psychology*, 27, 343-356.
- 7. Garcia, M. M., Shaw, D. S., Winslow, E. B., & Yaggi, K. E. (2000). Destructive sibling conflict and the development of conduct problems in young boys. *Developmental Psychology*, *36*(1), 44-53.
- 8. Shaw, D.S., Owens, E.B., Giovannelli, J., & Winslow, E.B. (2001). Infant and toddler pathways leading to early externalizing disorders. *Journal of the American Academy of Child and Adolescent Psychiatry*, 40, 36-43.
- 9. Winslow, E. B., Wolchik, S. A., & Sandler, I. (2004). Preventive interventions for children of divorce. *Psychiatric Times*, *21*(2), 45-48.
- 10. Wolchik, S. A., Sandler, I. N., Winslow, E. B., & Smith-Daniels, V. (2005). Programs for promoting parenting of residential parents: Moving from efficacy to effectiveness. *Family Court Review*, *43*(1), 65-80.
- 11. Ingoldsby, E. M., Shaw, D. S., Winslow, E., Schonberg, M., Gilliom, M., & Criss, M. (2006). Neighborhood disadvantage, parent-child conflict, neighborhood peer relationships, and early antisocial behavior problem trajectories. *Journal of Abnormal Child Psychology*, *34*(3), 293-309.
- 12. Winslow, E. B., & Shaw, D. S. (2007). Impact of neighborhood disadvantage on overt behavior problems during early childhood. *Aggressive Behavior*, 33, 207-219. DOI: 10.1002/ab.20178.

- 13. Winslow, E., Bonds, D. B., Wolchik, S., Sandler, I., & Braver, S. (2009). Predictors of enrollment and retention in a preventive parenting intervention for divorced families. *The Journal of Primary Prevention*, *30*(2), 151-172. DOI: 10.1007/s10935-009-0170-3. PMCID: PMC2682618.
- Wolchik, S.A., Sandler, I.N., Jones, S. Gonzales, N., Doyle, K., Winslow, E., Zhou, Q., Braver, S. (2009). The New Beginnings Program for Divorcing and Separating Families: Moving from Efficacy to Effectiveness. *Family Court Review*, 47(3), 416-435. DOI: 10.1111/j.1744-1617.2009.01265.x. PMCID: PMC2768353.
- McClain, D. B., Wolchik, S., Winslow, E., Tein, J., Sandler, I., & Millsap, R. (2010).
   Developmental cascade effects of the New Beginnings Program on adolescent adaptation outcomes. *Development & Psychopathology*, 22, 771-784. DOI: 10.1017/S0954579410000453. PMCID: PMC2950317.
- Wolchik, S., Sandler, I., Tein, J-Y., Mahrer, N., Millsap, R., Winslow, E., Vélez, C., Porter, M., Luecken, L., & Reed, A. (2013). Fifteen-year follow-up of a randomized trial of a preventive intervention for divorced families: Effects on mental health and substance use outcomes in young adulthood. *Journal of Consulting and Clinical Psychology*, 81(4), 660-673. DOI: 10.1037/a0033235
- 17. \*\*Mahrer, N., Winslow, E., Wolchik, S., Tein, J-Y, & Sandler, I. (2014). Effects of a preventive parenting intervention for divorced families on the intergenerational transmission of parenting attitudes in young adult offspring. *Child Development*, *85*(5), 2091-2105. DOI: 10.1111/cdev.12258
- 18. Sandler, I., Ingram, A., Wolchik, S., Tein, J-Y., & Winslow, E. (2015). Long-term effects of parenting-focused preventive interventions to promote resilience of children and adolescents. *Child Development Perspectives*, *9*(3), 164-171.
- 19. Winslow, E. B., \*\*Poloskov, E., \*Begay, R., Tein, J-Y., Sandler, I., & Wolchik, S. (2016). A randomized trial of methods to engage Mexican American parents into a school-based parenting intervention. *Journal of Consulting and Clinical Psychology*, *84*(12), 1094-1107. doi: 10.1037/ccp0000140. PMCID: 27599226.
- 20. Sitnick, S., Shaw, D., Weaver, C., Shelleby, E., Choe, D., Reuben, J., Gilliam, M., Winslow, E., & Taraban, L. (2017). Early childhood predictors of severe youth violence in low-income male adolescents. *Child Development*, *88*(1), 27-40. doi: 10.1111/cdev.12680
- 21. Winslow, E. B., Braver, S., Cialdini, R, Sandler, I., \*\*\*Betkowski, J., Tein, J-Y, Hita, L., Bapat, M., Wheeler, L., & Lopez, M. (2018). Video-based approach to engaging parents into a preventive parenting intervention for divorcing families: Results of a randomized controlled trial. *Prevention Science*. 19. 674-684. doi:10.1007/s11121-017-0791-3
- 22. Mauricio, A., Mazza, G., Berkel, C., Tein, J-Y, Sandler, I., Wolchik, S., & Winslow, E. (2018). Attendance trajectory classes among divorced and separated mothers and fathers in the New Beginnings Program. *Prevention Science*, *19*, 620-629. doi:10.1007/s11121-017-0783-3
- 23. Smith, J.D., Berkel, C., Jordan, N., Atkins, D., Narayanan, S., Gallo, C., Grimm, K., Dishion, T., Mauricio, A., Rudo-Stern, J., Meachum, M., Winslow, E., Bruening, M. (2018). An individually tailored family-centered intervention for pediatric obesity in primary care: Study protocol of a randomized type II hybrid implementation-effectiveness trial (Raising Healthy Children study). *Implementation Science*, *13*(11), 1-15. doi:10.1186/s13012-017-0697-2

# Manuscripts Under Review: (denotes mentored \*undergraduate student, \*\*graduate student, \*\*\*postdoctoral fellow)

- \*\*\*Abraczinskas, M., Winslow, E., Oswalt, K., Proulx, K., Tein, J-Y., Wolchik, S., & Sandler, I. (2019). *A population-level, randomized effectiveness trial of parenting program engagement strategies in five elementary schools.* Manuscript submitted for publication.
- Wolchik, S. A, Tein, J-Y., Winslow, E., \*\*\*Minney, J., Sandler, I., & Masten, A. (2019). Developmental cascade effects of a parenting-focused program for divorced families on competence in emerging adulthood. Manuscript submitted for publication.

# Manuscripts in Progress: (denotes mentored \*undergraduate student, \*\*graduate student, \*\*postdoctoral fellow)

\*\*Thamrin, H., Winslow, E. B., \*Smola, X. A., \*Cruz, A. M., Hidalgo, S. G., Tein, J-Y., & Gonzales, N. (2019). Examining the mediating effects of a motivational engagement call on relations between parent factors and initiation in a family-based preventive intervention. Manuscript in progress.

# <u>INVITED BOOK CHAPTERS</u> (denotes mentored \*undergraduate student, \*\*graduate student, \*\*postdoctoral fellow)

- 1. Shaw, D. S., & Winslow, E. B. (1997). Precursors and correlates of antisocial behavior from infancy to preschool. In D. Stoff, J. Breiling, & J. D. Maser (Eds.), *Handbook of Antisocial Behavior* (pp.148-158). NY: John Wiley & Sons, Inc.
- 2. Winslow, E. B., Sandler, I., & Wolchik, S. A. (2005). Building resilience in all children: A public health approach. In S. Goldstein & R. Brooks (Eds.), *Handbook of resilience in children* (pp. 337-356). Kluwer Academic/Plenum Publishers.
- 3. Sandler, I. N., Wolchik, S. A., Winslow, E. B., & Schenck, C. (2006). Prevention as the promotion of healthy parenting following parental divorce. In S. Beach, M. Wamboldt, N. Kaslow, R. Heyman, M. First, L. Underwood, & D. Reiss (Eds.), *Relational Processes and DSM-V: Neuroscience, Assessment, Prevention, and Treatment* (pp. 195-209). Arlington, VA: American Psychiatric Publishing.
- 4. Wolchik, S., Sandler, I, Weiss, L, & Winslow, E. (2007). New Beginnings: An empirically-based program to help divorced mothers promote resilience in their children. In J. M. Briesmeister & C. E. Schaefer (Eds), *Handbook of parent training: Helping parents prevent and solve problem behaviors* (3<sup>rd</sup> ed.) (pp. 25-62). NY: John Wiley & Sons.
- 5. Winslow, E., Bonds, D., & Sandler, I. (2009). Resilience, childhood and adolescence. In D. Carr (Ed.), *Encyclopedia of the life course and human development* (Vol. 1, pp. 394-398). Detroit: MacMillan Reference USA.
- Winslow, E. B., Sandler, I., Wolchik, S. A., & \*\*Carr, C. (2012). Building resilience in all children: A public health approach. In S. Goldstein & R. Brooks (Eds.), *Handbook of resilience in children* (2<sup>nd</sup> ed.) (pp. 459-480). NY: Springer. DOI: 10.1007/978-1-4614-3661-4 27.

- 7. Sandler, I., Wolchik, S., Winslow, E., Mahrer, N., Moran, J., & Weinstock, D. (2012). Quality of maternal and paternal parenting following separation and divorce. In K. Kuehnle & L. Drozd (Eds.), *Parenting plan evaluations: Applied research for the family court* (pp. 85-122). NY: Oxford University Press.
- 8. Mahrer, N., Sandler, I., Wolchik, S., Winslow, E., Moran, J., & Weinstock, D. (2016). How do parenting time and interparental conflict affect the relations of quality of parenting and child well-being following divorce? In L. Drozd, M. Saini & N. Olesen (Eds.), *Parenting Plan Evaluations: Applied Research for the Family Court* (2nd ed.) (pp. 63-73). New York, NY: Oxford University Press.
- Sandler, I., Wolchik, S., Berkel, C., Jones, S., Mauricio, A., Tein, J-Y., & Winslow, E. (2017). Effectiveness trial of the New Beginnings Program for divorcing parents: Translation from an experimental prototype to an evidence-based community service. In M. Israelashvili & J. Romano (Eds.), Cambridge Handbook of International Prevention Science (pp. 81-106). NY: Cambridge University Press.

# <u>CONFERENCE PRESENTATIONS</u> (denotes mentored \*undergraduate student, \*\*graduate student, \*\*postdoctoral fellow)

- 1. DiGirolamo, A. M., Quittner, A. L., & Winslow, E. B. (1991, April). *Problems in parenting a child with cystic fibrosis: A contextual analysis*. Poster presented at the Third Florida Conference on Child Health Psychology, Gainesville, FL.
- 2. Opipari, L. C., Quittner, A. L., & Winslow, E. B. (1991, April). *Diary analyses of differential treatment of siblings in ill versus healthy families*. Paper presented at the Third Florida Conference on Child Health Psychology, Gainesville, FL.
- 3. Oliver, B. R., & Winslow, E. B. (1993, March). *Word meaning and context in children's comparative judgments*. Poster presented at the biennial meeting of the Society for Research in Child Development, New Orleans.
- 4. Winslow, E. B., & Shaw, D. S. (1993, March). *Relations among indices of maternal stress, support, adjustment, and parenting strategies: A study of low-income families.* Presented at the biennial meeting of the Society for Research in Child Development, New Orleans.
- 5. Shaw, D., Vondra, J., Keenan, K., Owens, E., & Winslow, E. (1993, November). *Understanding sex differences in the development of early child behavior problems: Ages 1 to 3.* Paper presented at the convention of the Life History Research Society, Durham, NC.
- Shaw, D. S., Keenan, K., Vondra, J. I., Winslow, E. B., Owens, E. B., & Hood, N. (1994, June). Developmental precursors of antisocial behavior from ages 1 to 3: Exploration and replication. Poster presented at the Society for Research in Child and Adolescent Psychopathology, London.
- 7. Shaw, D. S., Owens, E. B., & Winslow, E. B. (1994, June). *Precursors of early behavior problems: A developmental process model.* Paper presented at the American Psychological Society, Washington, DC.
- 8. Winslow, E. B., & Shaw, D. S. (1994, June). *Relations among contextual factors, child noncompliance and early parenting practices.* Poster presented at the Society for Research in Child and Adolescent Psychopathology, London.

- Shaw, D. S., Keenan, K., Owens, E. B., Winslow, E. B., Hood, N., & Garcia, M. (1995, March). Developmental precursors of externalizing behavior among two samples of lowincome families: Ages 1-5. Paper presented at the biennial meeting of the Society for Research in Child Development, Indianapolis.
- 10. Winslow, E. B., Shaw, D. S., \*Bruns, H., & \*Kiebler, K. (1995, March). Parenting as a mediator of child behavior problems and maternal stress, support, and adjustment. Poster presented at the biennial meeting of the Society for Research in Child Development, Indianapolis.
- 11. Winslow, E. B., Shaw, D. S., \*Giovannelli, J. L., \*Dougherty, R., & \*ten Broeke, S. (1996, January). *The relation between family context and child externalizing behavior: An analysis of the mediating and moderating effects of parenting.* Poster presented at the International Society for Research in Child and Adolescent Psychopathology, Santa Monica, California.
- 12. Shaw, D. S., Winslow, E. B., Owens, E. B., Keenan, K., & Garcia, M. (1996, January). Developmental precursors of externalizing behavior among two samples: Ages 1 to 5. Paper presented at the International Society for Research in Child and Adolescent Psychopathology, Los Angeles.
- 13. Winslow, E. B., & Shaw, D. S. (1996, April). Relations between early parenting and child externalizing behavior in families from different sociodemographic backgrounds. Paper presented at the International Conference of Infant Studies, Providence, Rhode Island.
- 14. Owens, E. B., Winslow, E. B., Giovannelli, J. L., & Shaw, D. S. (1996, April). *Predicting behavior problems at 42 months from infant difficulty and early parenting in a low-income sample*. Paper presented at the International Conference of Infant Studies, Providence, Rhode Island.
- 15. Winslow, E. B., Shaw, D. S., \*Yaggi, K., & \*Serapiglia, S. (1996, August). *Direct and indirect effects of marital relations on child externalizing behavior*. Poster presented at the biennial conference of the International Society for the Study of Behavioural Development, Quebec City.
- 16. Shaw, D. S., & Winslow, E. B. (1996, August). A prospective study of the effects of divorce and parental conflict on children's adjustment: A tale of two cohorts. Paper presented at the biennial conference of the International Society for the Study of Behavioural Development, Quebec City.
- 17. Shaw, D. S., Garcia, M., Flanagan, C., Giovannelli, J., Winslow, E. B., & Ingoldsby, E. M. (1997, April). *Sibling conflict, parenting, and the development of early externalizing problems*. Paper presented at the biennial meeting of the Society for Research in Child Development, Washington, DC.
- 18. Shaw, D. S., Winslow, E. B., Garcia, M., & Ingoldsby, E. (1997, May). Developmental precursors of antisocial behavior from infancy to early school-age: Parent, child, and sibling influences. Paper presented at the Seventh Annual Conference for Human Development and Developmental Disabilities, Department of Pediatrics, Robert Wood Johnson Medical School, New Brunswick, NJ.

- 19. Shaw, D. S., Owens, E., Winslow, E. B., & Giovannelli, J. (1997, October). *Infant and toddler pathways leading to early externalizing disorders*. Paper presented for the Assessment of Infant and Toddler Mental Health: Advancing a Research Agenda by Integrating Basic and Clinical Approaches, a workshop by the Child and Adolescent Branch of the National Institute of Mental Health and Zero to Three, Bethesda, MD.
- 20. Ingoldsby, E. M., Shaw, D. S., Owens, E. B., & Winslow, E. B. (1998, April). *Predicting emotion regulation in response to observed anger: The influence of negative emotionality, marital relations, and parenting.* Poster presented at the International Conference of Infant Studies, Atlanta, Georgia.
- 21. Shaw, D. S., Bell, R. Q., & Winslow, E. B. (1998, May). *Pathways leading to early disruptive behavior problems*. Paper presented at the Convention of Life History Research Society, Seattle.
- 22. Shaw, D.S., Garcia, M., Winslow, E.B., & Owens, E.B. (1999). *Pathways leading to schoolage externalizing disorders*. Presented at the Conference of the Life History Research Society, Kuaui, Hawaii.
- 23. Winslow, E. B., Shaw, D. S., \*Yaggi, K., & \*Dougherty, R. (1999, April). *Roles of neighborhood context, ethnicity, and maternal parenting in the development of early male conduct problems.* Poster presented at the biennial meeting of the Society for Research in Child Development, Albuquerque.
- 24. Shaw, D.S., Owens, E.B., Winslow, E.B., & Hood, N. (1999, April). *Infant and toddler pathways leading to early externalizing disorders*. Presented at the biennial meeting of the society for Research in Child Development, Albuquerque, NM.
- 25. Shaw, D.S., Winslow, E., Garcia, M., & Lukon, J. (2001, April). *Early mediating and moderating effects of parenting on school-age conduct problems*. Presented at the Biennial Meeting of the Society for Research in Child Development, Minneapolis, Minnesota.
- 26. Gilliom, M., Shaw, D.S., Winslow, E.B., Flanagan, C., & Dougherty, R. (2001, April). *Risk Factor Specificity in Early Externalizing and Internalizing Trajectories*. Presented at the Biennial Meeting of the Society for Research in Child Development, Minneapolis, Minnesota.
- 27. Winslow, E. B., & Shaw, D. S. (2003, April). *Implications of neighborhood context for the development of boys' conduct problems in a low-income, urban sample*. Presented at the Biennial Meeting of the Society for Research in Child Development, Tampa, FL.
- 28. Kline, T., Wilson, M., Shaw, D., Gardner, F., Dishion, T., & Winslow, E. (2004, May). Assessment of problematic toddler behavior in a preventative developmental intervention. Presented at the Annual Meeting of the Society for Prevention Research, Quebec City, Canada.
- 29. Bonds, D., Tein, J-Y., Winslow, E., Sandler, I., & Wolchik, S. (2005, April). *Contact with fathers, father-child relationship quality, and children's depressive symptoms following divorce*. Presented at the Biennial Meeting of the Society for Research in Child Development, Atlanta, GA.
- 30. Winslow, E., Bonds, D., Wolchik, S., Sandler, I., & Braver, S. (2005, May). *Predictors of participation in a preventive parenting intervention for divorced families*. Presented at the Annual Meeting of the Society for Prevention Research, Washington, D.C.

- 31. Gonzales, N., Wolchik, S., Sandler, I., Winslow, E., Martinez, C., & Cooley, M. (2006, May). *Integrating cultural knowledge with quality management methods to adapt interventions for cultural diversity*. Presented at the 14th Annual Meeting of the Society for Prevention Research, San Antonio, TX.
- 32. Bonds, D.D., Winslow, E.B., Wolchik, S. A., & Sandler, I. N. (2007, April). *Examining the effects of a preventive parenting program for divorced mothers on adolescent development.* Poster presented at the Society for Research in Child Development Biennial Meeting in Boston, MA.
- 33. Sandler, I., Braver, S., Cialdini, R., & Winslow, E. (2009, May). *Experimental study of recruiting to an effective parenting program.* Paper presented at the annual meeting of the Society for Prevention Research, Washington, DC.
- 34. Berkel, C., Hagan, M., Wolchik, S., Gonzalez, N., Sandler, I., Schenck, C., & Winslow, E. (2009, May). What do facilitators bring to the table? Additive adaptation in the context of high fidelity delivery of the New Beginnings Program. Paper presented at the annual meeting of the Society for Prevention Research, Washington, DC.
- 35. Berkel, C., Hagan, M., Wolchik, S., Gonzalez, N., Sandler, I., Schenck, C., & Winslow, E. (2009, September). *Achieving multicultural competence in a parenting preventive intervention: Participant challenges and facilitator adaptations*. Paper presented at the Annual National Prevention Network Prevention Research Conference.
- 36. Gonzales, N., Wolchik, S., Winslow, E., Zhou, Q., & Sandler, I. (2012). *Cultural broadening of the New Beginnings Program.* Symposium paper presented at the National Institutes of Health Dissemination and Implementation Conference, Bethesda, Maryland.
- 37. \*\*Mahrer, N.E., Winslow E., Tein J., Wolchik S., & Sandler I. (2012, February). Effect of a Preventive Parenting Intervention for Divorced Families on the Intergenerational Continuity of Parenting Attitudes. Paper presented at the Arizona Chapter of the Association of Family and Conciliation Courts (AZAFCC) conference in Sedona, Arizona.
- 38. \*\*Mahrer, N., Winslow, E., Tein, J., Wolchik, S., & Sandler, I. (2012, October). Effect of a preventive parenting intervention for divorced families on the intergenerational transmission of parenting attitudes in young adulthood. Paper presented at the Society for Research in Child Development Biennial Meeting in Tampa, FL.
- 39. Winslow, E., \*\*Poloskov, E., \*Begay, R., Tein, J-Y. (2013, May). *An experimental study of parent engagement methods in a low-income, Mexican American sample*. Symposium paper presented at the annual meeting of the Society for Prevention Research, San Francisco.
- 40. Gonzales, N., Winslow, E., Dumka, L., Mauricio, A., Tein, J., Luecken, L, & Eisenberg, N. (2014, May). *Optimizing the next generation of family-based prevention in schools*. Symposium paper presented at the annual meeting of the Society for Prevention Research, Washington, DC.
- 41. Gard, A., Shaw, D., Winslow, E., Forbes, E., Hyde, L. (2015, March). *CRHR1 variants interact with early childhood parenting to differentially predict amygdala reactivity to threat in young adulthood.* Poster presented at the Society for Research in Child Development Biennial Meeting in Philadelphia, PA.

- 42. Sandler, I., Ingram, A., Winslow, E., Wolchik, S., & Tein, J-Y. (2015, May). Long-Term Effects of Parenting Preventive Interventions to Promote Resilience of Children and Adolescents. Symposium paper presented at the annual meeting of the Society for Prevention Research, Washington, DC.
- 43. Shaw, D., Sitnick, S., Weaver, C., Shelleby, E., Choe, D., Reuben, J., Gilliam, M, Winslow, E., & Taraban, L. (2017, April). *The family context in early childhood and prediction to violent behavior*. Symposium paper presented at the Society for Research in Child Development Biennial Meeting in Austin, TX.
- 44. \*\*\*Minney, J., & Winslow, E. (2017, May). Belief in the American dream: Differences in goals among Mexican American families predict initiation of parent training. Poster presented at the Society for Prevention Research, Washington, D.C.
- 45. Winslow, E., Mauricio, A., & Tein, J-Y (2017, May). *Impacting engagement in preventive parenting programs: A multiphasic process.* Symposium paper presented at the Society for Prevention Research, Washington, D.C.
- 46. \*\*\*Abraczinskas, M., Winslow, E., Oswalt, K., Proulx, K., & Tein, J-Y. (2019, May). Optimizing parent engagement: Results from a population-level, randomized effectiveness trial of parenting program engagement strategies. Paper accepted for presentation at the Society for Prevention Research Annual Meeting, San Francisco.
- 47. \*\*Thamrin, H., \*Smola, X. A., \*Cruz, A. M., Winslow, E. B., Hidalgo, S. G., Tein, J-Y., & Gonzales, N. (2019, May). Examining the mediating effects of a motivational engagement call on relations between parent factors and initiation in a family-based preventive intervention. Paper accepted for presentation at the Society for Prevention Research Annual Meeting, San Francisco.
- 48. Berkel, C., Smith, J. D., Winslow, E. (2019, May). *Engagement in a Randomized Trial of the Family Check-up 4 Health in Primary Care Settings*. Organized symposium paper accepted for the Society for Prevention Research, Washington, D.C.

### **TEACHING AND MENTORING**

- Teaching Assistant & Discussion Section Instructor, Fall 1991, Abnormal Psychology, University of Pittsburgh, Supervisor: Daniel Shaw.
- Guest Presenter, Fall 2002, A Primer on Neighborhood Research, Substance Use Among Children of Adolescents Lab Meeting (NIDA R01 DA005227), PI: Laurie Chassin.
- Guest Presenter, Fall 2008, *Testing the Effects of Preventive Interventions Using Randomized Controlled Designs*, CPH 628 Public Health Research and Evaluation, University of Arizona, Instructor: Christina Cutshaw.
- Guest Presenter, Spring 2009, *Grant Writing: NIH Mentored Scientist Award (K01),* PSY 598 Issues in Prevention Proseminar, Arizona State University, Instructor: Laurie Chassin.

Guest Presenter, Spring 2011, 2015, & 2018, Grant Writing: NIH Mentored Scientist Award

(K01), PSY 591 Grant Writing/Professional Development, Arizona State

University, Instructor: Nancy Eisenberg.

Guest Presenter, April 2018, Impacting Engagement in Preventive Parenting Programs: A

Multiphasic Process, PSY 598 Issues in Prevention Proseminar, Arizona State

University, Instructor: Laurie Chassin.

Guest Presenter, September 2018, Impacting Engagement in Preventive Parenting Programs: A

Multiphasic Process, PSY 399/499, Supervised Research, Arizona State

University, Instructor: Nancy Gonzales.

### Mentored Students/Faculty and Current Affiliations

### **Undergraduate Students**

Rachelle Begay Community, Environment and Policy, University of Arizona, Tucson

Natalya Dellinger Arizona State University, Herberger Institute for Design and the Arts, Tempe

Shannon Jewell Arizona State University, Department of Psychology, Tempe
Darby Jones Arizona State University, Barrett's Honor College, Tempe

Aleisa Krug Environmental Engineer, ASARCO, Tucson

Jessica Mueller Arizona State University, Center for Applied Behavioral Health Policy, Tempe

Ashley Preves Arizona State University, REACH Institute, Tempe

Clark Reed Behavioral Health Specialist, Arizona

Andrea Valentin Arizona State University, Speech and Hearing, Tempe
Emma Wheatley Arizona State University, REACH Institute, Tempe

### **Graduate Students**

Veronica Bordes UT Southwestern Medical Center, Psychiatry & Pediatrics, Dallas

Colleen Carr Private Practice, Phoenix

Alexander Crenshaw University of Utah, Dept of Psychology, Salt Lake City Alexandra Ingram Arizona State University, Dept. of Psychology, Tempe

Michaeline Jensen University of North Carolina, Center for Developmental Science, Chapel Hill

Nicole Mahrer University of California, Health Psychology, Los Angeles Elizabeth Poloskov California Polytechnic State University, San Luis Obispo Hardian Thamrin Arizona State University, Dept. of Psychology, Tempe

#### **Postdoctoral Fellows**

Jennifer Betkowski Deceased

Jessica Minney Health Foundation for Western and Central New York, Buffalo, NY

Michelle Abraczinskas ASU REACH Institute, Department of Psychology, Tempe

# Mentored Students/Faculty and Current Affiliations (cont.)

## **Early Career Faculty**

Mentor for NIMH K01 Mentored Research Development Award, Miya Barnett (PI, University of California, Santa Barbara), 1K01MH110608, Awarded April 2017

The is an early career award to provide training and preliminary data for Dr. Barnett to develop an implementation strategy in which Lay Health Workers (LHW), community members without formalized mental health training, are trained to increase parent engagement in evidence-based parent training programs for low-income, Latino families in order to reduce mental health disparities. My role as a mentor on this project is to provide Dr. Barnett with training and guidance in evidence-based parent engagement strategies.

## **PROFESSIONAL SERVICE**

### **Expert Panels**

- 2017 Served as an expert panelist for a cross-institution research team known as *Advancing Innovation, Dissemination, Evidence-based Actions for Schools (IDEAS)* for Health, funded by the Colorado Health Foundation. The IDEAS for Health research team is developing menus of evidence-based practices surrounding the 10 areas in CDC/ASCD's Whole School, Community, Child (WSCC) model. My role was to review search parameters for a systematic review, help identify pre-existing, evidence-based practice documents pertaining to family engagement, and review the list of evidence-based practices developed by the research team and suggest additions and modifications.
- 2018 Invited to participate on an expert panel to review a parenting survey based on the parenting guidelines authored by Dr. Marie Yap from Monash University and Professor Anthony Jorm from the University of Melbourne. My role was to read the parenting survey and evaluate the items by providing comments and ratings on a feedback form.

#### **Ad-hoc Review of Manuscripts**

Journal of Clinical Child & Adolescent Psychology

Child Development

Developmental Psychology

Journal of Abnormal Child Psychology

Behavior Therapy

Prevention Science

The Journal of Primary Prevention

Journal of Child and Family Studies

Child & Youth Care Forum

# **DEPARTMENTAL SERVICE**

ASU REACH/Prevention Research Center Executive Committee, 2013-present

Department of Psychology research lab tours for incoming freshmen, 2016

ASU REACH Brown Bag presentation organizer, 2017

Lead role on development of annual evaluation materials for research faculty, 2017

Chair, Research Faculty Evaluation Committee, 2018

Member, ASU REACH Function Core Committee, 2018-present

Member, Kathryn Johnson Promotion Evaluation Committee, 2018

# **COMMUNITY SERVICE**

Provided training, delivery and technical support of the evidence-based parenting program, Triple P Positive Parenting Program, to approximately 300 families at six elementary schools in the Phoenix area, 2014-2017.